

# Ladies Fitness Spa Specials

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## Amabel Facial

**\$35.00**

This relaxing facial begins with a deep pore cleansing. Gentle exfoliation, followed by a skin analysis, steam towels, mask, massage, and gentle hydration. Relax and enjoy a facial that you dreamed of having. Cleansing and pleasing from head to toe.

## Back Facial

**\$35.00**

Facial consists of deep pore cleansing, exfoliation, mask, massage, and gentle hydration.

## Swedish Massage

Promotes relaxation, increases blood circulation and provides oxygen to the muscles.

30 Minute **\$25.00**

60 Minute **\$45.00**

## Deep Tissue Massage

30 Minute **\$35.00**

60 Minute **\$60.00**

## Waxing Services

Lip or Chin **\$10.00**

Eyebrow **\$10.00** *Up*

Under Arm **\$15.00**

Arm **\$30.00**

Bikini Line **\$20.00**

Half Leg **\$30.00**

Full Leg **\$40.00**

## Nails Specials

Manicure **\$15.00**

Pedicures **\$20.00**

Polish Change- Nails/Toes **\$8.00**

Nail Art **\$5.00 and up**

## Make-up Application

**\$25.00**

Prom, Weddings, Special Occasions

## *Spa & Nail Service*

**770-382-6613**

## Salon Services

"Highlights, Cut and Style" **\$79.00**

Shampoo, Cut and Style **\$32.00**

One Step Color and Style **\$69.00**

Up-Do's Start at **\$35.00**

## *Salon*

*Amberly Ivester* **770-387-4100**

- 24-hour notice for all cancellations is required
- A full service fee is charged for a "no show" or late cancellation.

*Childcare available with services*

Mornings: 8am-12pm

Evenings: 4pm-8pm

*Ladies*  
Fitness \* Health Club